

# massage therapy

After a brief consultation with you, our qualified massage therapists will assess your muscle's condition and deliver a treatment that will relieve, relax and revive.

<b>Massage</b>	30 mins	\$80.00
Relax, indulge, enjoy	60 mins	\$110.00
	90 mins	\$150.00

<b>Mind, Body &amp; Soul</b>	30 mins	\$80.00
Treat your head, hands and feet.		

<b>Foot and Leg Therapy</b>	30 mins	\$80.00
Helps relieve tired, aching feet and swollen, sore ankles and calves.		

<b>Scalp Treatment</b>	30 mins	\$80.00
A head, neck and shoulder massage to release tension, headaches and anxiety that includes a hair and scalp treatment mask to leave your hair silky soft.		

<b>Mother-To-Be</b>	30 mins	\$80.00
A gentle, nurturing massage.	60 mins	\$110.00
(not recommended until after the first trimester)		

# facial treatments

Club Spa's professional Skin Therapists will analyse your skin and tailor a facial to suit its needs. We use Algologie, a comprehensive marine based range rich in active minerals and vitamins, specifically designed to boost the health and immunity of your skin. We also stock your complete homecare needs.

<b>Marine Revive Facial</b>	30 mins	\$90.00
Double cleanse, exfoliation, mask treatment and moisturiser application		

<b>Marine Replenishing Facial</b>	60 mins	\$125.00
Double cleanse, steam therapy, exfoliation, facial massage, mask treatment and moisturiser application		

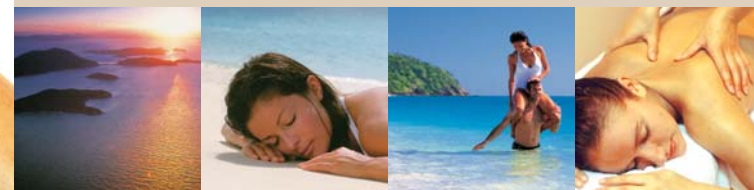
<b>High Performance Lift Action Facial</b>	90 mins	\$160.00
Double cleanse, steam therapy, exfoliation, facial massage, high performance mask treatment, moisturiser application		

<b>Professional Skin Analysis</b>	15 mins	FREE
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As trained Skin Therapists, we can advise you of your skins individual needs and guide you on which treatments and home care products will help to keep your skin balanced and in the best possible health.



# whitsunday club spa



# couples retreat

<b>Honeymoon Massage</b>	90 mins	\$220.00
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Relax together in the intimate surroundings of our hydrotherapy spa, then indulge in a full body massage while you lay side by side.

<b>Lindeman Retreat</b>	90 mins	\$220.00
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Enjoy a full body exfoliation, 30 mins Massage, a sauna and shower to detox and refresh together.

<b>Lindeman Getaway</b>	60 mins	\$220.00
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Getaway from it all and recharge and renew with a 30 mins Massage and a Marine Revive Facial. You will both look and feel sensational.

# retail therapy

We stock a comprehensive and professional range of skin care from Algologie - beauty from the sea. We have lovely gifts and giftpacks for friends and family and beauty essentials you may need such as nail products and polishes, hand and body lotions, sunscreen and after sun care. Club Spa's exclusive signature scented massage oils, hair and body products allow you to take a piece of paradise home with you.

# spa relaxation massage



# beauty health



Please make bookings in advance to avoid disappointment.  
All prices include GST. Cancellations made on the day of your appointment will incur a 100% cancellation fee.

**SEE SPA FOR BOOKINGS  
or call extension #5043  
www.clubspa.info**

[www.clubspa.info](http://www.clubspa.info)

## hands & feet

Our hands are constantly exposed to the elements, so spoil them with a Manicure Treatment.

**Spa Manicure** **60 mins** **\$70.00**  
Lay back and relax while your hands and forearms are exfoliated, nails and cuticles tidied and the treatment finished off with a gentle massage and nail paint.

**Paraffin Manicure** **75 mins** **\$85.00**  
After your manicure your hands are wrapped in a cloth soaked with hot paraffin wax this is extremely hydrating, nourishing and softening. Then finish with a nail paint.

**Spa Manicure & French Polish** **75 mins** **\$85.00**

**Express Manicure** **30 mins** **\$50.00**  
Lay back & relax with a file and buff of your nails, finishing with a nail paint.

\*For additional services like Nail Art **ADD 15 mins** **\$20.00**

Your feet have carried you this far, treat them to a well earned rest. Enjoy a Pedicure Treatment that will leave you walking on air.

**Spa Pedicure** **60 mins** **\$75.00**  
Relax and enjoy an exfoliation of your lower legs & feet, nail and cuticle tidy and heel rasping, followed by a soothing foot massage & nail paint.

**Paraffin Pedicure** **75 mins** **\$90.00**  
After your pedicure, your feet will be wrapped in a cloth soaked with hot paraffin wax, this is extremely hydrating, nourishing and softening. Then finish with a nail paint.

**Spa Pedicure & French Polish** **75 mins** **\$90.00**

**Express Pedicure** **30 mins** **\$55.00**  
Lay back and relax with a file and buff of your nails, finishing with a nail paint.

\*For additional services like Nail Art **ADD 15 mins** **\$20.00**

## eye care

Your eyes are the windows to your soul, so try these treatments and feel confident that your eyes will always look stunning.

**Eyelash Tint** **20 mins** **\$25.00**

**Eyebrow Tint** **10 mins** **\$20.00**

**Lash & Brow Tint** **20 mins** **\$40.00**

**Anti Ageing Eye Treatment** **30 mins** **\$55.00**

Refreshing, firming, super hydrating and anti-ageing.

## spa therapies

**Teenagers Indulgence** **60 mins** **\$130.00**  
Let your teen embrace the purity of a healthy mind and body. They will experience a 30 mins Massage followed by a Marine Revive Facial and a file of finger or toenails plus a polish application.

**The Oasis** **90 mins** **\$160.00**  
Relax your body, de-stress your mind and revitalise your skin with either a 60 mins Marine Replenishing Facial and 30 mins Massage or a 60 mins Massage and a 30 mins Marine Revive Facial, the choice is yours.

**Tropical Bliss** **120 mins** **\$210.00**  
Club Spa's famous signature treatment using our unique 100% natural and Australian made body care range. Your sensory journey begins with a full body exfoliation, using our white sand scrub, followed by your choice of body wrap; either the antioxidant rich Green Tea Wrap, perfect for sunburnt skin or the hydrating Chocolate Fizz Wrap. Enjoy an incredible scalp massage and hair treatment mask, a shower with our divine shower gel and to finish off an all over application of our scented lotion to complete your body cocktail.

**Revitalising Marine Body Wrap** **120 mins** **\$210.00**  
An invigorating body exfoliation using a blend of sea salt, micronised volcanic earth and algae minerals prepares your skin to accept the warmed vitamin and mineral rich seaweed and algae mud. While your skin is absorbing these marine trace elements your body releases stored toxins and lactic acid build-up from the muscles, joints and connective tissues, helping to decongest and tone. Finish off this powerfully detoxifying treatment with a 60 mins Massage to encourage your body's healing abilities.

**The Awakening** **4 hrs** **\$400.00**  
Indulge yourself with a top-to-toe total make over. Be enveloped in an herbal body wrap, pampered with a Marine Replenishing Facial and 60 mins Massage, then treated to a manicure and pedicure with your choice of colour application to complete the gorgeous new you.

**Revival** **90 mins** **\$130.00**  
Using a potent herbal gel to assist the body's lymphatic system to remove excess fluid and to help increase capillary strength. This treatment is suitable for pregnant women and those suffering fluid retention. We complete your treatment with an energising and hydrating body gel application.

**Lindeman Escape** **60 mins** **\$130.00**  
A relaxing 30 mins Massage and Marine Revive Facial to alleviate tension and refresh the skin.

## body basics

**'B'acial** **60 mins** **\$110.00**  
A facial for your back...particularly good for those suffering with problem skin, we deeply cleanse, steam, exfoliate and treat the skin to a purifying mask to help heal and clear.

**Full Body Polish** **45 mins** **\$75.00**  
An all over marine salt exfoliation and nourishing moisturiser application leaves you with incredibly soft, smooth and supple skin.

**Golden Glow** **60 mins** **\$110.00**  
A full body polish and spray tan for an even, all over tan.

**Spray Tan only** **15 mins** **\$60.00**  
Be the envy of all with a natural tropical tan that suits all skin tones and lasts up to 7 days. A must before you head home.

## a man's world

**Men's Skin Treatment** **45 mins** **\$75.00**

**Men's Foot Revival** **45 mins** **\$65.00**

**Men's Hand Repair** **45 mins** **\$55.00**

**Shoulder Wax** **15 mins** **\$30.00**

**Back Wax** **30 mins** **\$45.00**

**Manscape** **120 mins** **\$200.00**

Detoxify and de-stress with a 60 mins Massage, full body exfoliation using re-mineralising marine salts, followed by a 20 mins sauna then cool off with a quick shower. You will feel super smooth and refreshed.

## body grooming

We provide no mess, residue-free waxing, for even the most sensitive skins.

**Half Leg** - to just above the knee **\$35.00**

**Full Leg** - to the top of the thigh **\$55.00**

**Full Leg & Bikini** **\$65.00**

- to the top of the thigh plus two fingers in from underwear line

**Bikini** - two fingers in from underwear line **\$35.00**

**G-String Bikini** - follows the line of the g-string **\$45.00**

**Brazilian XXX** **\$60.00**

- completely removes all hair or you can leave a 'landing strip'

**Arms** - from the top of the hand to the shoulder **\$35.00**

**Underarms** **\$25.00**

**Lip** **\$15.00**

**Chin** **\$15.00**

**Eyebrows** **\$20.00**